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| **Patient Participation Group Meeting Minutes April 2024**  |
| Date  | 12.04.2024 |
| Apologies | AD, SM,GR, AB, AF, DB and LS  |
| Attendance  | TG, AK, EH, MG, MW, DF, BS, IB, JW, JT, EB, JH, FP and HL  |
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| **PATCHS Training**  |
| HL carried out PATCHS Training (The Online Consultation service for patients) and showed the group how to register for PATCHS and explained the useful qualities of using PATCHS (being able to request an appointment without needing to call the surgery/ making administrative and medication enquiries without needing to call the surgery). HL offered to help anyone on an individual basis to register or use the system - please send an email to Hannah Law if you require this help.  |
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| **Uniform**  |  |
| New Polo Shirts and Fleeces have now arrived and were given to all members who are responsible for leading Champions Groups  |  |
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| **Joanne – Practice Manager at Parklands**  |  |
| Joanne gave us an update from Parklands surgery, they are now fully staffed for nurses and GP's. |  |
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| **Any updates on Champion-Led Groups**  |  |
| **Knit & Natter**  | This is led by MG and BS – the group has recently raised money for the Epilepsy charity by making and selling Knitted Chickens with chocolate egg in the bottom. They also talked about how they regularly sponsor a 7-year-old child through another charitable organisation and are doing some really inspiring work with the child’s family to help where they can. The Knit and Natter group currently has around 10 members.  |  |
| **Walking groups** | The walking groups are led by MW, BS and TG. Following a recent incident where a participant on a walk was taken unwell, the group have put a new rule in place, asking everyone to always bring some drinking water on the walks. The groups can vary from 8-23 people.  |  |
| **Healthy Choices Group**  | The group is led by AK and DB. They’re getting ready for the Next Community Health Check event at Scholemoor Beacon, on 26.4.24, and are looking for volunteers to help on the day! If you would like to help, please email Hannah Law Hannah.law@bradford.nhs.uk |  |
| **Reception Support Group**  | The reception support group is led by MW, EH, SM, DB and IB. SM is currently unable to help as she is unwell, recovering from a fall and some broken bones. The group wish her well and hope she can return soon.  |  |
| **Chairobics Group**  | The Chairobics Group is led by AF and MG and now MB has joined the team too. They have 19-20 people attending every Monday and are thinking about holding 2 sessions instead of the 1. MB will be helping more regularly with the running of the group whilst AF is needing to attend more personal medical appointments for a while.  |  |
| **Menopause Support Group** | This is a new group and is led by JW, it is currently a work in progress, but JW is working on rolling the Menopause Cafes out to different areas around our PATCH, hoping to engage with patients from all local cultures and linking up with different existing cafes where appropriate.  |  |
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| **Any other Business**  |  |
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| **Reading Aloud**  | Ebbony is going to investigate which local Care Homes might be interested in this and feedback to EB in time for the next meeting. |  |
| **Friends of West Wood Park**  | EB has put the PPG on the list to reserve a plot of land in West Wood Park – development of the area is still ongoing, but they will contact us again when they are ready to share a space with us. |  |
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| **Community Health Checks**  |  |
| We spoke about having a stall at the Community Health Check Events to promote the PPG and aim to recruit some new members, particularly from W&Q and Horton Park, where we have no current representation from. We have a Banner, leaflets, and information sheets to distribute to those interested. If anyone would like to volunteer to attend any of these events and run this stall, please contact Hannah Law Hannah.law@bradford.nhs.uk |  |
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| **PPG Notice Boards**  |  |
| We discussed notice boards in general, as the Ridges boards, in particular, are needing a makeover, we talked about doing this as a group and asked any Volunteers to get in touch with Hannah Law Hannah.law@bradford.nhs.uk  |  |
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| **Date of next meeting:** | 14.06.2024  |  |
| **Time:**  | 10:00am  |  |  |  |
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**Place of meeting:** At **Ridge Medical Practice, Cousen Road, Great Horton BD7 3JX** – we have looked at the feasibility of going to another location but there is insufficient space anywhere else for the group size that we currently have.